

The Bridge

THE OFFICIAL PUBLICATION OF ISAT U DUMANGAS CAMPUS
Volume VIII, Issue I

June-October 2016

Ready,
get **START**



The Bridge

PUBLICATION STAFF

2016 - 2017

ARCHIE D. DULLA

Editor-in-Chief

ELIZAL LOKING

Associate Editor

ANA GRACE P. GADOR

Managing Editor

JOVY GOMEZ

CAMILA DEPACLAYON

News Writers

ANA MAE TORMON

Sports Writers

RONNA VILLAFLOR

IAN DOMINICK DELGADO

Feature Writers

AMABELLE DEBIL

APPLE JOY JUANIZA

Literary Writers

JAGRAY DECOLOÑGON

Photojournalist

RODEL FUNDAL

MARK LORENO

Cartoonists

JHARIE MAGTANONG

Layout Artist

JOHN LENARD BOCAL

Web Artist



About the Cover

There is always a beginning to every end. A beginning when every momentum is gained. This situation can be likened to ISAT U. ISAT U is just on its second year of being a university but it has already been into its service for a long time that it had carved its name with excellence. Get start portrays the journey of the university to another milestone of bringing excellence in science and technology once more. The university has gained its fresh start; the university will gain its momentum. All we have to do is to push the start button.

EDITOR'S NOTE

Our institution, the ISAT University Dumangas Campus on its two years of existence as a university had become more eager in performing its full potential in providing quality and advanced education to its students.

This year the Editorial Staff has decided to release a twin issue. “Start” and “Work” are the response to the undeniably growth happening in our university. As part of this institution, we, the students must take part to its growth. We can do that by starting the change in ourselves. Let our knowledge learned from our educators be our guide to make that change. Let our hardwork be not put into waste, but instead let us use them to take a start.

Change is on its way, we must act in order to gain achievement. Our institution is taking its part for the development of our education. And as a student, we need to take part to that development.

To the publication staff, my warmest congratulations to all of you. To our avid readers and fellow students thank you for all your support to our school publication. Likewise, I would like to express my deepest thanks to our “The Bridge” publication advisers for their untiring support and guidance had given to us.

ARCHIE D. DULLA
Editor-In-Chief

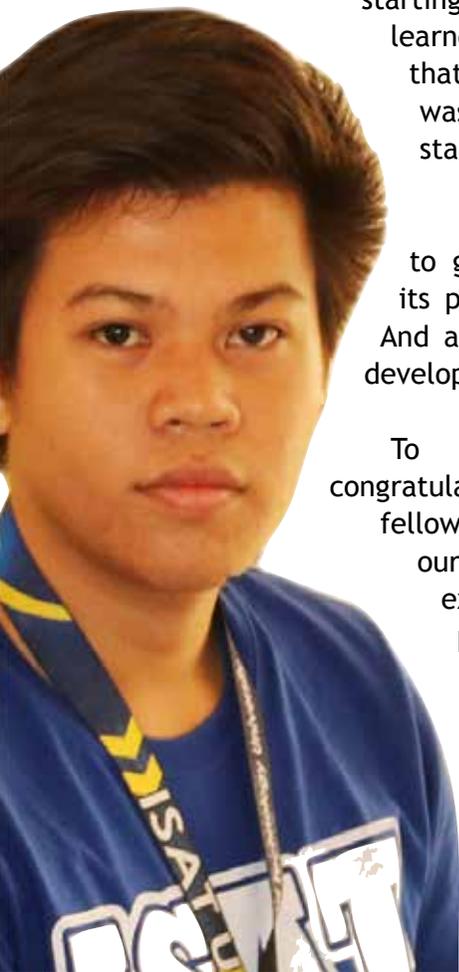


TABLE OF CONTENTS

Volume VIII, Issue 1:

June-October 2016

EDITORIAL

- 5 Teenage Pregnancy,
Student Nanay

OPINION

- 6 Herd Mentality

NEWS FEATURE

- 8 First Flag Ceremony,
Held June 5, 2016
- 9 Buwan ng Wika, Ipinagdiwang
- 10 Sayson and Supeda Show-off
Newscasting Skills
- 11 ISAT U Dumangas Campus Holds
World Teacher's Day
- 12 ISAT U Dumangas Joins University-
Wide 111th Foundation Week

FEATURE

- 14 The President of the
Republic of the Philippines
- 16 ISAT U Dumangas Campus
Doctorate Degree Holder

- 19 Miss International 2016

- 20 No Hope, But God

LITERARY

- 21 Txtmate
- 22 Paghulat sa Imo
- 23 The Person I Admired Most
- 24 Kaibigan Ko
- 25 The Secret
- 26 Malamig nga Balatyagon
- 27 Binalaybay sang Tagipusu-on
- 28 Ang Pagdinalaga ni Toto
- 29 Palangga Ko
- 30 Si Nene, Nanay Na!

TRIVIA

- 31 What your Handwriting says About You

ENTERTAINMENT

- 33 Crack Your Mind Challenge
- 34 Comic Strip

TEENAGE PREGNANCY, STUDENT NANAY

By Archie Dulla

Strolling around the campus, one can undeniably see the odd figures of some students dressed-up in maternity dress or there are some who would try to fit-in in the uniform, obviously altered because of an oversized body due to the change and the phenomenon called pregnancy.

To some old-fashioned people they would consider this happening as unbecoming or unlikely or worst they would think this as an immoral act. However, to some students this is just a normal happening that everyone is doing, as if it is part of recreation.

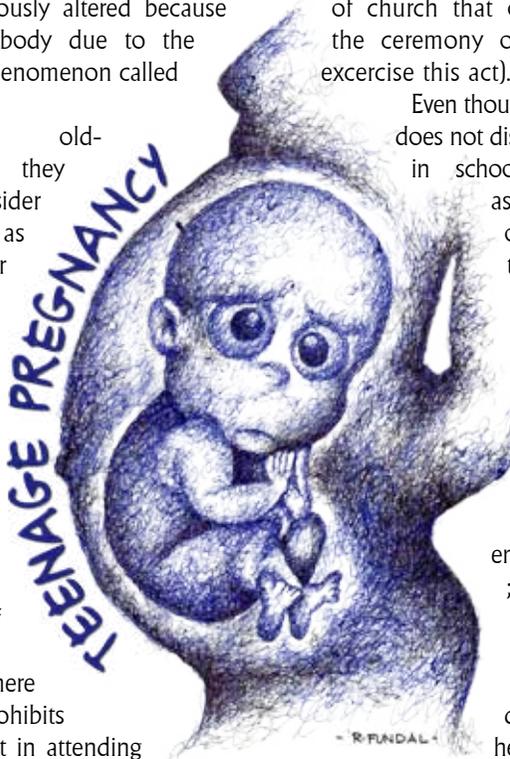
Of course, there is no law that prohibits a pregnant student in attending in her classes. This might be the bases of some women why they have engaged in sexual act that lead them into pregnancy. In some other reasons, teenage pregnancy might be the product of exploration and curiosity between lovers.

Sex is a sacred act in which done by couple who had undergone the ceremony of marriage. There is a corresponding

obligation attached to it. This is supposed to be the thought that these teens should have before engaging in such immoral act (referring to the teachings of church that only couple under the ceremony of marriage should exercise this act).

Even though the rule of society does not discriminate pregnancy in school yet the moral ascendancy and the obligation supposed to be put first above all else. Think about the efforts done of our parents. Think about the trust they have given us. Pregnancy while in school may not be the end of every dream ; it can be thought as second chance after falling; yet, the damage has been done. The wound heals but the scars remain.

Getting pregnant has the same maxim with getting married that says, "ang pag-aasawa ay hindi parang kanin na iluluwa lang kapag mainit." When you are into the situation, there is no turning back. Therefore, before doing it, we should think "twisely". Before doing it, we should think twice and wisely.



HERD MENTALITY

By Ian Dominick Delgado

When I was scrolling my Facebook, I saw a video that has a caption “most people are sheep,” it was a CCTV footage in a lounge area in medical clinic. The whole scene was a set-up where the people sitting on a couch and they were standing in chorus at least once in every ten seconds and sit back again. The customer came, at first she was wondering what they are doing but she never tried to ask why. Then, later she followed the crowd and started standing and sitting back again together with the rest of the people until she was the only person left. Then, another customer came inside but

the girl still doing the routine. The other man asked what was she doing, the girl said “everybody was doing this, so I think it is necessary.” So, the man decided to do the same until a customer came and another and do the same thing.

Most of the people are sheeple or persons who act like a sheep. These are the people who do not possess reasonable mind; they tend to follow the crowd instead of thinking/doing the right thing to do. They are closely related to migratory animals that clique together and fly in the same direction. But unlike the migratory animals they have their



Source: www.designtaxi.com

senses that help them to survive. People would tend to use their consensus, decision instead of logical reasoning that lead them in making bad decisions that are based on the actions of others.

Study showed that it takes a minority of 5% to influence a crowd's direction and the 95% following without even realizing what is going on. Scientist at the University of Leeds in United Kingdom has conducted research that most of the people act like a sheep. It shows that 'informed individuals' were followed by others in crowd, forming a self-organizing, snake-like structure.

In psychology, possessing this kind of behavior is called "herd mentality" or "mob mentality." Based on Wikipedia, it describes how people influenced by their peers to adopt a certain behaviors. Examples of herd mentality include stock market trends, superstition and home décor.

We know that web can make our lives easier in getting information and for entertainment purposes but are we aware that most of the things in the internet, television or any kind of communication channels that makes us entertain could also damage our mentality. We follow what trend topics in the internet, television or any kind of communication channels maybe because it is like a worm in our ears that goes on and on; playing repeatedly in our brain; or maybe because we just want to be part of the peers even though we don't know its true reason or purpose.

Just like the video of "Pen Pineapple Apple Pen," there is nothing special about the video that can give us a good lesson yet a lot of people are addicted to watch this video. Other personalities, celebrities and/or comedians are using trend topics

as instrument in order to gain crowd even though it contains dirty jokes, double meanings, pornography and rudeness that may obnoxiously affect young audiences.

Still we keep watching this irrationalities that spread like virus and worst it is slowly becoming propriety. That is why many of the corrupt politicians using this non-sense trend topics as their political clout because they know that we can easily get attention if they use these kind of strategies.

Is this the kind of society we want? Following others like a bunch of sheep? If not, the paradigm shift must start today.

Think and make your own decision before following a crowd. People who act before they think lack mind-setting and this lead them to mistakes. Making your own decision is very important in order to escape from someone or from majority that leads you.

Always think of the consequences of your action. If your action would only create a laughing stock or you would just look funny in front of people, then stop. Why follow the crowd if you would only look unbecomingly awkward. It is better to stay natural.

Make it a habit in reading newspapers, books, educational magazines, articles, and other informational websites. Always be updated in the latest news that is happening not just in your local area but also in international news. There is an advantage if you're always updated, it also helps you to avoid being ignorant.

Focus in what you aim in life, set your own priority like giving importance in study rather than doing such a coward things. Choose your friends, the persons who lead you to the right path. Setting your priority in life may help you escape from being a sheeple.

ISAT U DUMANGAS HOLDS FIRST DAY OF CLASSES IN SY 2016-17

By Elizal Loking



Students and faculty preparing for the flag ceremony.

ISAT U Dumangas campus held the first day of classes by a flag ceremony at the multi-purpose gym on June 6.

The ceremony started at 7:15 AM and it was attended by 600 students who were enrolled in the first semester of 2016-17, including the first year who were not part of the K to 12 curriculum.

Dr. Noel S. Quidato, Campus Administrator of this university gave a short message and said that students, teachers, and the community should help

each other in order to achieve the goals of the university. He also reminded the students that they should study well and pursue education despite the hardship their parents are experiencing in sending them to school.

At the closing part of ceremony, the faculty and staff of the University were also introduced to the students especially to the freshmen and the students were sent to their respective classes at the end of the program.

BUWAN NG WIKA, IPINAGDIWANG

Ni Jovy Gomez

Ipinagdiwang ng mga estudyante, guro at iba pang kawani ng paaralan ng ISAT U, Dumangas Kampus ang Buwan ng Wika, Agosto 27, 2016 sa awditoryum ng nasabing paaralan na may temang “Filipino: Wika ng Karunungan.”

Nagbigay ng panimulang pagbati ang respetadong tagapamahala ng kampus, Dr. Noel S. Quidato. Nabigyang kulay naman ang pagdiriwang sa napapayabong kaalaman at karunungan na ibinahagi ni Professor Natalie U. Gamuyao ng La Paz Kampus, ang panauhing tagapagsalita.

Nakipagtagisan ng talino at talento ang mga estudyanteng sumali sa pagsulat ng sanaysay na nilahokan nina Elizal Loking, Amabelle Debil at ang nagwagi, Ma. Sharon Dayot. Nagkamit naman ng puwesto sa paligsahan sa isahang awit (pop) sina Clarence Tomesa, April Mae Lustan, Jhon-John Gomez at Adrian Tacuycuy-kampyon. Nagpakitang gilas naman sa Pagbabalita sina Michael John Arcaya, Chris John Cerbas, Oliver Dionio at ang nagpabilib sa mga Hurado at itinanghal na kampion na si Jagray Decoloñgon. Hindi naman nagpahuli ang mga kalahok sa Pagguhit na kinabibilangan nina Jagray Decoloñgon, Mark Loreno at Mary Gel Abadonio na nagpamalalas ng kanyang obra maestra na nagtanghal sa kanya bilang



Ang pangunahing tagapagsalita kasama ang Campus Administrator at SAMAFIL Adviser (Itas); Ang mga panalo sa patimpalak kasama ang SAMAFIL adviser (Ibaba)



kampyon sa nasabing paligsahan. Isang nakakaaliw na pagtatanghal naman ang ginawa ng mga estudyanteng kumukuha ng Filipino I sa pamamagitan ng dula-dulaan at talumpati.

Magtagumpay na naisagawa ang pagdiriwang sa pagtutulungan ng mga Opisyal ng Samahan ng mga Mag-aaral sa Filipino (SAMAFIL) na pinamumunuan ng kanilang pangulo, Amabelle Debil at sa patnubay ng kanilang tagapayo, Dr. Merlyn N. Hechanova.

SAYSON AND SUPEDA SHOW-OFF NEWSCASTING SKILLS

By Archie D. Dulla

Gilbert Sayson of BIT Architectural Drafting Technology 1 and Herman Supeda of BSIT 3-A represented Dumangas Campus in the University elimination of ABS-CBN Newscasting Competition held at Iloilo Science and Technology University EdTech Center, August 23.

As part of their yearly activity, ABS-CBN invited ISAT University to join Newscasting competition to produce a competitive contestant to represent the university in the college level competition which is joined



by other universities in Iloilo.

The college elimination was conducted to select the best contestant across the five ISAT University namely La Paz, Dumangas, Barotac Nuevo, Leon, and Miag-ao campuses to represent to the university in the said competition.

This year's competition Ms. Esmana of the La Paz Campus was proclaimed winner. She will represent ISAT U in the battles of universities in Newscasting.

ISAT U DUMANGAS CAMPUS HOLDS WORLD TEACHER'S DAY

By Ana Grace Gador & Ronna Villaflor



The honorees: The Faculty and Staff attending the program prepared for them.

To give tribute and to commemorate the role and significance of teachers, Iloilo Science and Technology University – Dumangas Campus celebrates World Teachers Day, October 5.

The program was opened by a Holy Mass celebrated by Fr. Felix Rotor, a priest from Cebu and now assigned in Don Bosco Dumangas. His homily is focused on the acronym: A.S.K.

“All we need to do is to A: Ask and it will be given; S: seek and you shall find; and K: Knock and the door shall be opened,” said Fr. Felix Rotor.

This year’s celebration invited

Resource Person was no less than Dr. Noel S. Quidato, the Campus Administrator of this university.

He reminded them on the role of the teachers in molding the lives of students. As he ends his talk he quoted Aristotle saying, *“Your parents give you life but your teachers trust and teach you to have a better life.”*

As part of the program, the students gave presents to their advisers, as gesture of thanks.

The program was spearheaded by the Student Republic headed by Mr. Herman A. Supeda.

ISAT U DUMANGAS JOINS UNIVERSITY-WIDE 111TH FOUNDATION WEEK

By Ian Dominick Delgado & Archie Dulla

Iloilo Science and Technology University celebrates its remarkable 111th Foundation Anniversary with the theme, "ISAT U @ 111: One Vision, One Mission, One Goal... Excellence," held on September 4-10, 2016.

The event was joined by and actively participated by its four other external campuses - Barotac Nuevo, Dumangas, Leon, and Miag-ao campuses.

As part of the celebration, series of activities were conducted. Some of which were joined and won by the students of ISAT U Dumangas Campus.

One of which was the Academic Quiz Challenge (Math & Science Category and

IT and General Information Category) held September 5. The universities representatives were and Loren Donesa of BSHRT II-A, Ian Dominick Delgado of BSIT III-A, and Archie Dulla of BIT-ADT III. They got 2nd Place out of contestants from other four campuses of ISAT U. However, the other group in Math and Science Category was not lucky enough to get a place but very much proud to represent the school in the said contest.

Also, one of the highlights of the celebration was the Skills Contests held on September 6. The contests were categorized according to the courses and specialization of the students and it was



Faculty and Staff joining University-wide 111th Foundation Week



*Second Place in Academic Challenge:
From Left Ian Dominick Delgado, Loren Donesa & Archie Dulla.*

CONTESTS JOINED AND WON

sponsored by the different departments of the university.

In the BS Hotel and Restaurant Technology, Dumangas Campus was lucky to get the First Place in the Table Napkin Folding. It was represented by Raymund Vasquez of HRT I. While, Renzy Villaruz, of BSHRT 2A represented in the Bartending, Art JohnArdales, Ken Talantor and Rhea Mae Ardiente of BSHRT 3A participated in the Fruit Carving, and Rustom Duruelo of BSHRT 4A also joined in the Skirting Contest.

Larry D. Diaz Jr. of BIT-ADT III was placed 3rd in the Digital Rendering Contest sponsored by the College of Engineering and Architecture (CEA).

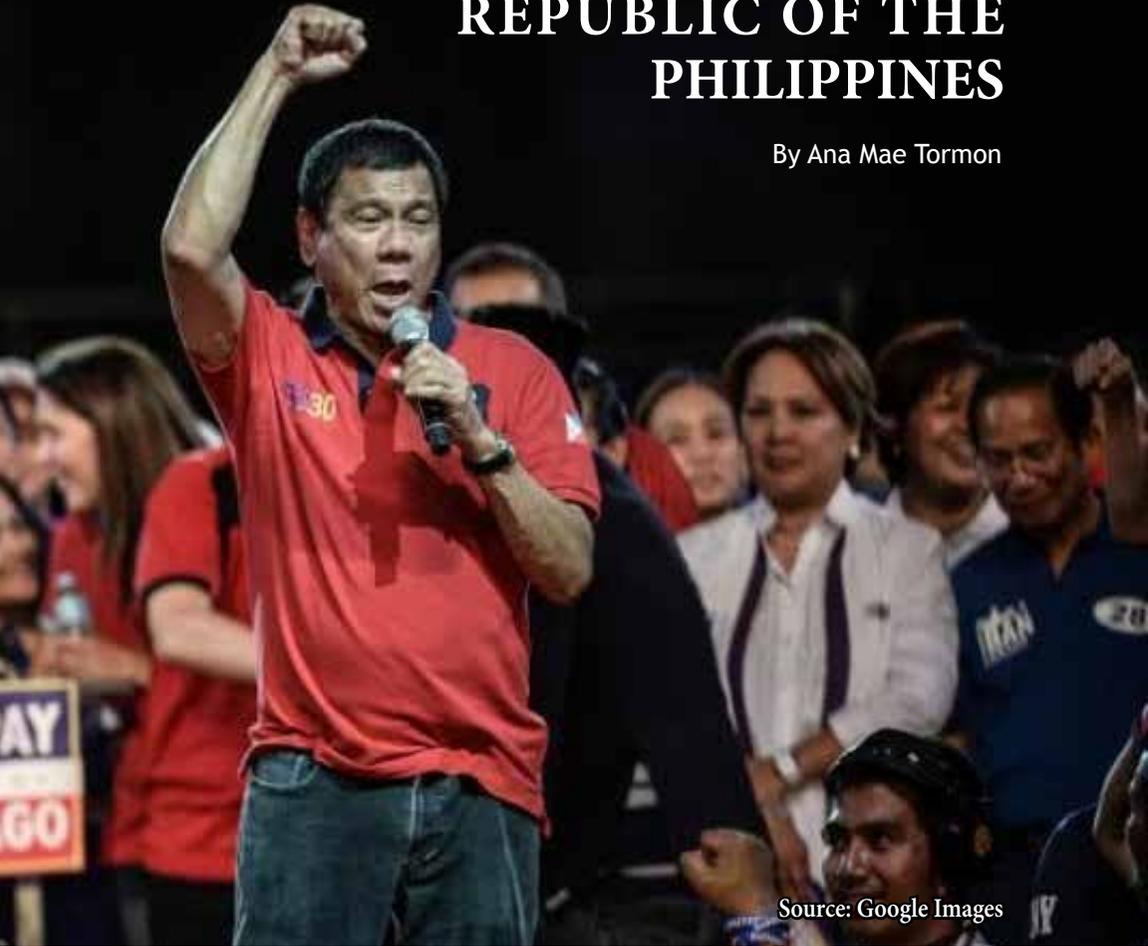
In addition, in the Information Technology, Electrical and Electronics

Technology these were the university's representatives: Rudy Demagajes of BSIT 4A, got 3rd Place in Programming; Mark Angelo Berber of BIT Electronics Technology 4, finished 3rd Place in Digital Logic Circuit Design; Lance Orquico of BIT Electronics Technology rank 4th Place in Running Light Contest; while Mark Dave Doriego in Photoshop Contest.

In BIT Automotive Technology, there were also events that were joined. Engine Tune-up was joined by Romeo Tan Jr of Automotive 3A, Starting Motor Servicing was represented by Joven Digidigan of Automotive 3A, and Alternator Servicing was joined by Rollen Cosio of Automotive 3A. All of them got 3rd Place in their respective event.

THE NEW PRESIDENT OF THE REPUBLIC OF THE PHILIPPINES

By Ana Mae Tormon



Source: Google Images

Known as “Digong”, President Rodrigo “Rody” Roa Duterte is the 16th and the current president of the Republic of the Philippines and also the chairman of the ASEAN for 2017 and the first President came from Mindanao.

The President obtained a law degree from San Beda College of Law. He then worked as a lawyer and a prosecutor of

Davao City before becoming Vice Mayor and subsequently the Mayor of the City. President Duterte’s political success has been aided by his vocal support of Extra-judicial Killing of drug users and criminals. Human Rights Groups have documented over 1,400 killings allegedly by vigilante groups in Davao City known as the “Davao Death Squad” and the victims are mainly

drug users and criminals. President Duterte has alternately confirmed and denied his involvement. The decision of the Office of the Ombudsman on the alleged death squad in Davao City found No Evidence to support the killings attributed much less the involvement of the President.

On May 9, 2016, Duterte won the Philippine Presidential Election with 35.5% of votes after a campaign in which he promise to defeat crime. His domestic policy has focused on fighting Illegal Drug trades. Following Criticism from UN Human Rights Experts that Extra-judicial Killing had increase since he assume the position as president. President Duterte threatened the UN to withdraw the Philippines from UN

and form a new organization with China and African Country.

Nicknamed "The Punisher" for his controversial methods, President Duterte nevertheless was successful in reducing crime. The President has many achievements since he become the President. More than One Million drug users and pushers voluntarily surrendered to the government and more than 40,000 users are arrested. The Centralized Action and Complaint hotlines 911 and 8888 is launch in the Philippines. The No VIP treatment for government officials in airports, No more age limits requirements for all job seekers, and the curfew hour for minors were implemented.



ISAT U DUMANGAS CAMPUS DOCTORATE DEGREE HOLDER

To meet the vision and mission of the university and to accept the challenge of the future, ISAT U Dumangas Campus is slowly adhering to this standard one step at a time. One of the evidences or the steps made by the university is through its Faculty Development Program; the doctorate graduate of its faculty.

RINGGO C. ABADONIO, Ed.D.

Dr. Abadonio is a MAPEH major and a graduate of Doctor of Education in Educational Management in Southwestern University, Cebu. He is in-charge of the PE subjects as well as the Sports and Cultural concerns of the University. Administratively, he is assigned as the Head of Security and Safety Measures.



LUDY G. DEPAMALLO, DIT

Dr. Depamallo is a major in Automotive and he is a professor in the Automotive Technology Department. He is a graduate of Doctor in Industrial Technology in Western Visayas College of Science and Technology, La Paz, Iloilo City. As part of his administrative concerns, he in-charge of the Income Generation Revenue Production of the university.



LIANE D. DEFIÑO, Ed.D.

Dr. Defiño is a Physics major and a graduate of Doctor of Education in Educational Leadership and Management in University of Visayas, Cebu. Currently, she is in-charge of the Senior High School Curriculum.



ROSALIE A. SALCEDO, Ed.D.

Dr. Salcedo is a Science major and a graduate of Doctor of Education in Educational Leadership and Management in University of Visayas, Cebu. She is handling subjects in bioly and other sciences.



VIRGIE A. RODRIGUEZ, Ph.D.

Dr. Rodriguez is a Home Economics major one of the teachers handling subjects in the Hotel and Restaurant



Technology Department. She is a graduate of Doctor of Education in Educational Management in Mandaue City College, Cebu. She is currently the Quality Assurance Officer of the University and In-charge of accreditation concerns of the university.



MERLINDA C. BUENVIAJE, Ed.D.

Dr. Buenviaje is an English major and a graduate of Doctor of Education in Educational Leadership and



Management in University of Visayas, Cebu. Presently she is assigned to teach language and communication subjects and administratively, she heads the Research Services Division of the university.



Dr. Dequito is a Mathematics major and a graduate of Doctor of Education in Educational Leadership and



RICHY D. DEQUITO, Ed.D.

Management in University of Visayas, Cebu. Dr. Dequito is currently assigned as the Secretary of the Campus Administrator. She is also the Quality Assurance Officer of the university as part of her administrative concerns.

VICTORIA D. JURILLA, Ed.D.

Dr. Jurilla is a Theology major and handles the Social Science subjects of this university. She has earned her Doctor of Education



in Educational Management in Western Visayas College of Science and Technology, La Paz, Iloilo City. She is assigned as the Head of the General Education and Professional Subjects (GEPS). Also, she heads the Bids and Awards Committee (BAC) of the university.



MERLYN N. HECHANOVA, Ed.D.

Dr. Hechanova is a Filipino major and a graduate of Doctor of Education in Educational Leadership and



Management in University of Visayas, Cebu. Administratively, Dr. Hechanova is the Gender and Development (GAD) Focal Person and the co-adviser of "The Bridge", the official publication of the University.



MISS INTERNATIONAL 2016

By Ronna Villaflor

As the 6th Filipino who won and crowned as Miss International, Kylie Fausto Verzosa was very thankful to her supporters, especially to her family for supporting her in her journey from Binibining Pilipinas to Miss International.

Verzosa was born in Benguet, Baguio City Philippines on 7th of February, 1992. She graduated from Ateneo de Manila University with a degree of Bachelor in Business Management and worked as a pre-school teacher. She is not only a teacher but also an advocate against depression and suicide awareness as well. Verzosa also volunteered for the Natasha Goulbourn Foundation, which aims to educate people about depression and suicide. She is also a member of the Professional Models Association of the Philippines and has done ramp and print modeling.

Her Journey as a Beauty Pageant Title Holder

Verzosa's first participated in Binibining Pilipinas 2015, where unluckily ends her journey into top 15. She joined again the Binibining Pilipinas pursuing her dream to get the crown. The competition took place on 17th of April, 2016 held at Smart Araneta Coliseum in Quezon City Philippines. Verzosa crowned as Binibining Pilipinas International 2016 and she will represent the Philippines in an International Pageant – the Miss International 2016 in Tokyo, Japan.



With all the efforts and hardships paid off as Kylie Fausto Verzosa won the title of being the Miss International 2016. She was crowned by the former Miss International 2015 Edymar Martinez of Venezuela. Verzosa is the 6th lucky Filipina who won the title as Miss International.



NO HOPE, BUT GOD

By Jagray Decolonçon

In his book *Through the Valley of Kwai*, Scottish officer Ernest Gordon wrote of his years as a prisoner of war during World War II. The 6'2" man suffered from malaria, diphtheria, typhoid, beriberi, dysentery, and jungle ulcers, and the hard labor and scarcity of food quickly plunged his weight to less than 100 pounds.

The squalor of the prison hospital prompted to desperate Ernest to request to be moved to a cleaner place—the morgue. Lying in the dirt of the death house, he waited to die. But every day a fellow prisoner came to wash his wounds and to encourage him to eat part of his rations. As the quiet and unassuming Dusty Miller nursed Ernest Miller back to health, he talked with the agnostic Scotsman of his own strong faith in God and showed him that—even in the midst of suffering—there is hope.

The hope we read about Scripture

is not a vague, wishy-washy optimism. Instead, biblical hope is a strong and confident expectation that what God has promised in His Word He will accomplish. Tribulation is often the catalyst that produces perseverance, character, and finally, hope (Romans 5:3-4).

Seventy years ago, in a brutal POW camp, Ernest Gordon learned this truth himself and said, "Faith thrives when there is no hope but God" (see Romans 8:24-25)

We are so blessed to wake up and see another day in our life. It's another day to spend time with our loved ones.

Let us spend every day of our lives with love, hope and kindness in our hearts. Jesus Christ is our hope. He is our beginning.

– Cindy Hess Kasper, *Our Daily Bread*
Vol. 19

Nagsugod sa **WHO U?** Kag naglab-ot sa **"I LOVE YOU."** Kabuhi estudyante subong nga henerasyon, kadamo ang nagabulusong. Nga-a man? Epekto bala ini sang klima? Nga-a daw kadamo gid sang nagin-utan?

"Ang Kabataan ang siyang pag-asa ng bayan," hambal ni Gat. Jose Rizal. Sa imo panghunahuna ga pati kapa bala sa mga tinaga nga ini?

Nga-a daw wala nalang subong ang ginatawag nga sex. Nga kung sayuron sa mga katigulangan ang sex isa ka sagrado kag makagagahum nga regalo sang Ginoo. Nga-a subog nga henerasyon ang pagtanom daw sa wala nalang! Makatubsok lang tama na. Baw...! Nene, Toto, gapaminsar man bala kamo kung ano ang inyo madangtan? Wala gid hay? Ang iban biktima man lang sang ginatawag nga rape kag "triping" sang mga tawo nga wala himuon sa ila kabuhi. Makapa-utwas lang tama na. Daw kaangay man sang istorya nga ginahingadlan:

"TXTMATE"

By Rodel Fundal

Nagkadto ang akon friend sa SM kay siling sang iya txtmate sa food court sila sang SM makitaay. Ay abaw...! Nagpagwapa gid si Nene, nag dress gid siya kay siling sang iya txtmate mala Piolo Pascual iya fes. Ti kay tam-an ka manol si Nene kay first time ya kuno makipag meet. Dyes y syete anyos palang gali si Nene kag isa ka estudyante sa isa ka sikat nga unibersidad sa Iloilo.

Nagsakay siya sa front seat sang jeep pakadto sa SM.

Driver: Ka gwapa gid sa imo gha! Ka swerte gid sang imo migo.

Nene: Waay pa ko ya migo manong ah...

Driver: Ay, tuod ka?

Nag-smile lang si Nene pabalik sa driver. Pagsulod ya sa SM nagdali-dali gid siya pakadto sa food court kay nagahulat na to iya "forever"!!! Nagtxt si Maninoy kay Nene nga ara lang siya ga pungko

sa atubang sushi stand. Baw... wala gid nagsala sa pagkadto si Nene kay ka gwapo gid man iya txtmate, daw anggig gid man ni Piolo Pascual, gamay lang ah...! Mataas, maputi, chinito, taas ilong, kag labaw sa tanan manggaranon.

Nene: Baw tsamba ni, Lord salamat gid...!

Baw si Nene nakilig, makalambid kay Maninoy daw man-og, makatapik gani daw tuko.

Tapos nila kaon naglagaw-lagaw sila nga duwa. Naghampang-hampang kag wala pa nakuntento nag shopping pa gid sila nga duwa. Nagpuli si Nene nga kapoy, baw si Maninoy gindul-ong gid si Nene. Samtang mahamuok nga gakatulog si Nene sa salakyan, baw si Maninoy nag hokage moves. Pasiplat-siplat kuno abi sa dughan kag paa ni Nene, baw naglain iya pamatyag, indi ya nagid mapunggan. Gin

dulog ya ang salakyan sa isa ka masi-ot nga lugar, kag didto na ginhimo ni Maninoy ang tuyo ya sa matahum nga dalagita.

Sang nagbugtaw si Nene, nakibot gid siya sang iya sitwasyon. Sa hilamunan nalang siya gahigda indi na sa salakyan, wala na ang lalaki nga ginsaligan ya sa madali nga panahon. Ang masakit pa kay gin bilin lang siya sa lugar kun sa diin indi pamilyar sa iya. Malamig nga pamatyagon ang iya nabatyagan, wala na saplot ang bilog ya nga kalawasan kag indi siya makasarang magtindog tungod sa kasakit sang iya private part. Didto na muragan ni Nene nga

indi na siya virgin. Gin kawat na ang sagrado nga perlas nga ginahalungan sang sin-o man nga kababaihan. Pwerte gid ang turoragay sang iya luha.

Wala gid siya may nahimo kay indi ya pa kilala gid ang lalaki. Wala ya gid mapamangkot bisan address man lang sini. Wala na ang lalaki gabalos sa iya mga text nga sa diin amo man lang to ang paagi sang ila komunikasyon.

Makaligad ang isa kabulan wala na naabtan si Nene. Nagsagay na siya ka suka kag pirmi lang nagalingin ang iya ulo. Nanutaran ya nga nagadako na ang iya hawak kag suso – indikasyon nga siya nagabusong. Ang lain lang kay waay na kilalahon nga amay ang iya ginabusong. Pero suno sa iya “buhion ko ang bata nga ini, indi ko na pagdugangan ang numero sang abortion, basi bugay ini sang ginoo sa akon,” samtang gaturoragay ang iya luha sang hilibi-on nga may dako nga paghinulsol.

Gani sa mga dalaga da kag feeling dalaga pa, paghalalong gid kamo kay subong nga tiyempo pililion nalang ang masaligan. Kung abi mo masaligan mo indi gali, pakuno-kuno kung baga. Gani bag-o mo isuko ang bataan ukon ang perlas ng silanganan, hibalon mo anay kung sigurado gid ang mapangasawa mo nga kaya buhi-on ang inyo mga kabataan.

Indi gid magdali sa pagmigo-migo ukon sa pagpangasawa kay maabot lang na ya kung imo na, kung indi, ti indi eh...! Kag kung kamo gid man nga duwa, kamo gid na ya. Abi niyo kamahal bala subong ka bugas kag gatas. Amo na gani halong gid...



Illustration by Mark Loreno

PAGHULAT SA IMO

Panulat ni Mark D. Loreno

Gina-isip ko ang mga tinu-ig
Daw sang san-o lang
Ikaw akon kahampang,
Apang subong naga dako na kita
Kag naga tigulang.

Nagla-in naman yadtong
Sang una nga mga hinamtang,
Nagapang lias-lias kon kita magsugat-anay
Daw ano man ang subay nga naka kita anay.

Wala sing yuhom nga nagasugat-anay
Daw lain nga tawo kag indi kilalahay
Ako man nahuya sa imo,
Kay sugod sadtong hitabo.

Indi ko maintindihan
Kung ano imo gina pakigbato,
Gikan sa magamay nga diperensya
Naglikawanay na mga mata ta nga duha.

Indi ko man mapabutyag sa imo
Ang akon sang una pa nabatyag,
Magapabilin gid ang yuhom
Ka nawong mo sa akon alagyan.

Kay ikaw akon nga inspirasyon
Sa mga handum nga pagakaptan,
Sa ulihi tani ikaw akon
Mahakos sa pagtaliwan.

Asta subong akon ginahulat-hulat
Nga ako imo sapakon sa liwat,
Sa pagbasa mo sa sining sulat
Tani nabatyagan mo nga ako magahulat.

The Person I Admired Most

By Camila Depaclayon

I used to call you Mr. Drafting
A person who is worth having
I know you might be wondering
But I really like you everything

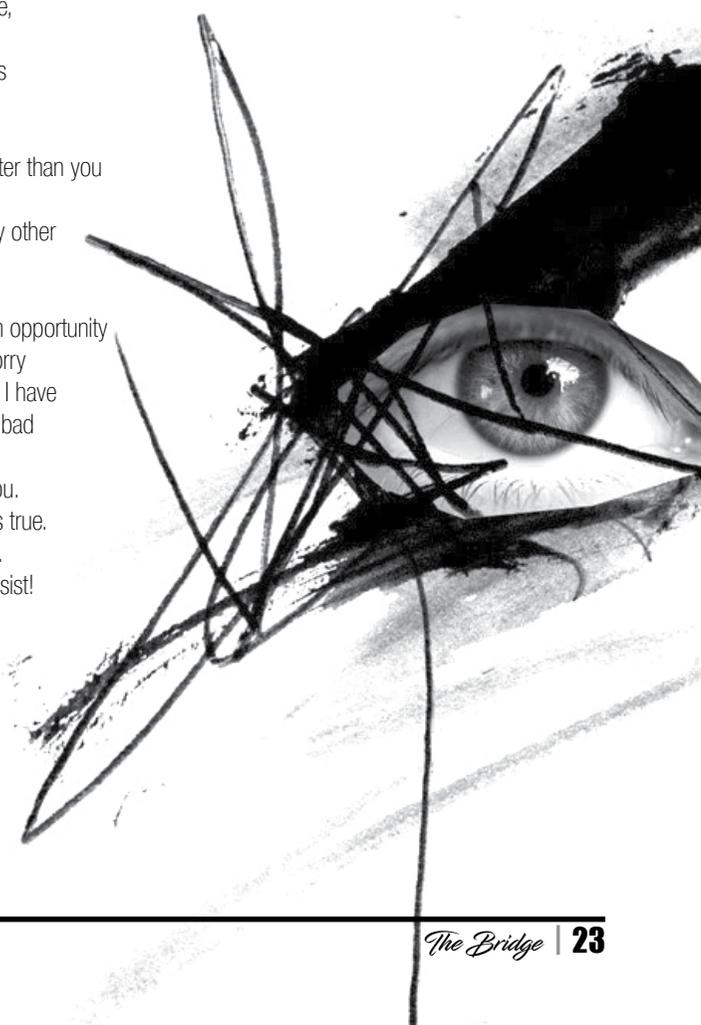
I don't know where it really began
I just felt a strange feeling within
A feeling that is hard to define
To a person I've been wanted to be mine

I've been eager to know your name,
Address, and even you age
But I'm much eager to make things
Till we become friends

They told me there's someone better than you
To believe in it is hard to do
Because your name is above every other
It is the sweetest sound to hear

You reject me rather than taking an opportunity
I was hurt but you should never worry
Instead of fading away the feelings I have
It only made me like you more, so bad

I made this poem as promise to you.
Please believe me; all I've said was true.
Look at me, Mr. Drafting, I do exist.
Let me be your friend, that's all I insist!





Kaibigan Ke

By Camila Depaclayon

Saan nga ba nagmumula
Ang nararamdamang ito?
Sadya nga lang bang umusbong,
O Kusang tumubo?

Pinilit kong pigilin,
Pinilit kong di sabihin,
Ngunit anong magagawa sa utos ng damdamin?
Tibok ng puso ko sayo'y patuloy pa rin.

Kaibigan ko, kung aaminin ko ang totoo,
Siguro ako'y lalayuan mo?
Kasi alam kong may mahal ka ng iba,
At alam kong mahal ka rin n'ya.

Siguro nga'y hindi tayo para sa isa't isa?
Siguro nga mas bagay kayong dalawa.
Pero siguro, hindi naman magtatagal
ito'ng nararamdaman ko
Kaya't hanggang kaya kong itago, itatago ko.

The Secret

By Jessa Bayasca

I've love you secretly,
Hiding this feeling to many.
Every time you're near me
Time seems to pass very slowly

Your smile completes my day,
For every second I feel okay.
I don't have the strength to say it;
Because I want our present to be it.

For the moments that we're together,
I want you to stay longer.
To be here with me, my friend
Until this world ends.

Malalmig Nga Balatyagon

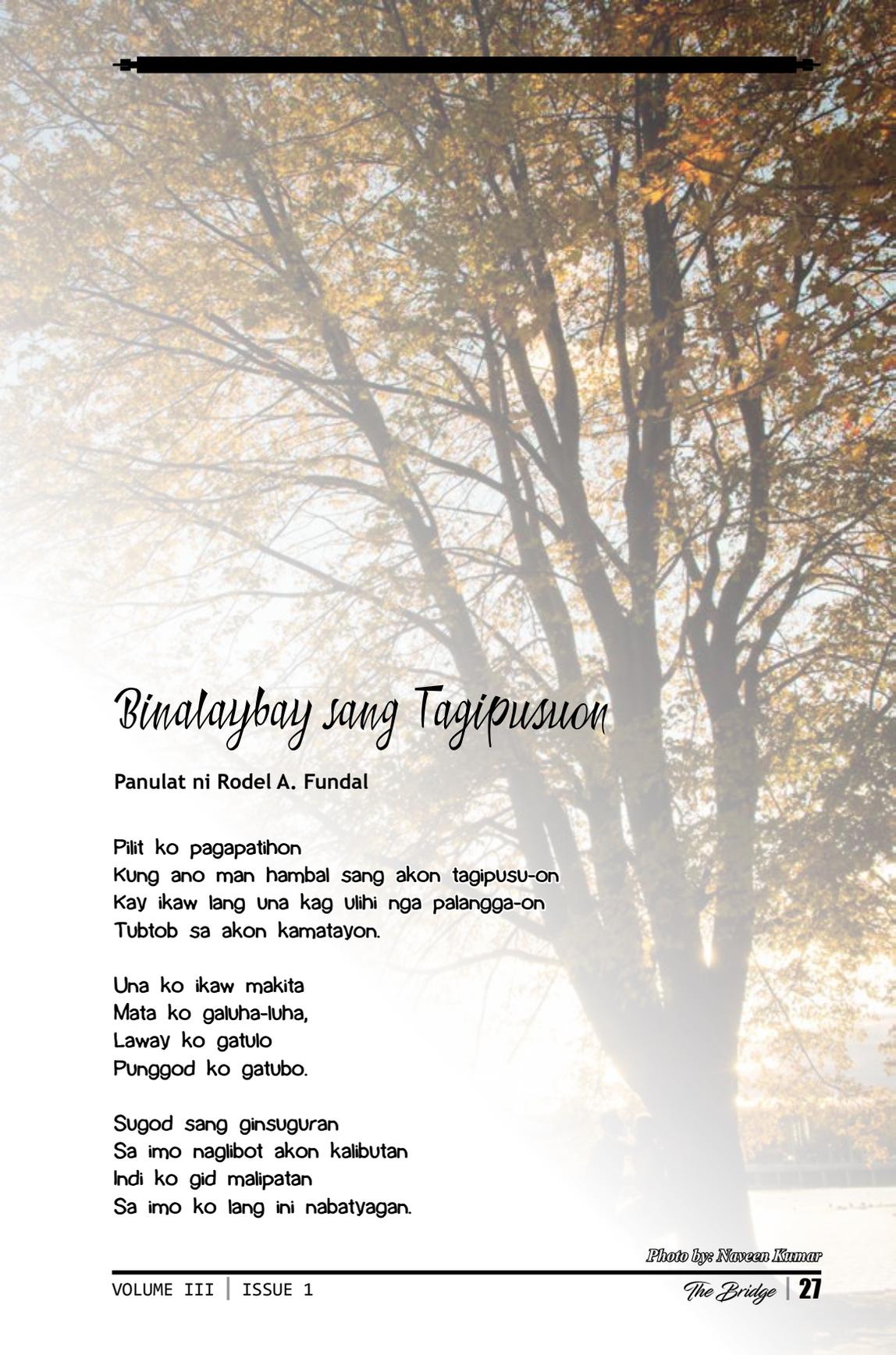
Panulat ni Jharie D. Magtanong

Tuman kalamig sang akon balatyagon
Nadulaan kainit sang imong tagipusvon,
Subong sa gihapon
Ikaw akon gina panumdum.

Nga-a bala indi ta gid malimtan?
Siguro naga libot sa imo akon kalibutan,
Kay biskan diin magkadto
Ikaw lang ang makit-an.

Ari naman ako, ga asa nga balikan mo
Biskan kakapoy na sining balatyagon ko,
Ginapilit ang kasakit sa pagbiya sa imo
Ginakaptan gid sang hugot
akon nga pagtu-o.

Aton balikan ang mga nagliligad
Daw kaangay sang handum ta
nga magalupad,
Apang diin na ato? Atong aton promisa
Nadulaan pagpalangga ang isa kag isa.



Binalaybay sang Tagipusuon

Panulat ni Rodel A. Fundal

Pilit ko pagapatihon
Kung ano man hambal sang akon tagipusu-on
Kay ikaw lang una kag Ulihi nga palangga-on
Tubtob sa akon kamatayon.

Una ko ikaw makita
Mata ko galuha-luha,
Laway ko gatulo
Punggod ko gatubo.

Sugod sang ginsuguran
Sa imo naglibot akon kalibutan
Indi ko gid malipatan
Sa imo ko lang ini nabatyagan.

Photo by: Naveen Kumar

Ang Pagdinalaga ni Toto

Panulat ni Rodel A. Fundal

Ikaw nahimo sa paghigugma-anay
Nga may kasalig kag kalipay,
Nagdako nga may paghangup-anay
Sa isa kag isa, puno sang katawhay.

Apang ano ato ang akon nabatian?
Ikaw nagtransform sa is aka babaylan!
Dili ko maabot pinsaron
Kung tuod gid man o kung ulo-istorya nga
nagapanglatagon.

Pilit ko ginapabungol- bungolan
Ang mga istorya nga hambal nila wala
kamatuoran,
Dili ko magpati nga ang bato magahumok
Kay kung paminsaron, ikaw man
nagapalupok.

Ang laragway mo nga daw si JC de Vera
Nadula na kag nagtransform kay Ellen
Adarna,
Lipstik mo nga pula-pula
Sa bibig mo naganilapta.

Suksok ang bestida
Kay may sandal nga 5 inches pa,
Nagapanglakaton sa higad dalanon
Upod ang mga pamatan-on.

Masubo batyagon
Nga-a wala ako nagsugid sang akon
balatyagon
Toto, magbalik ka na sa akon
Kay ikaw, akon palanggaon.

Palangga Ko

Panulat ni Rodel A. Fundal

Nagsugod sa Who u?
Naglab-ot sa Nice to meet you!
Nagdugay kag naging I love you!
Kag natapos sa I Do!

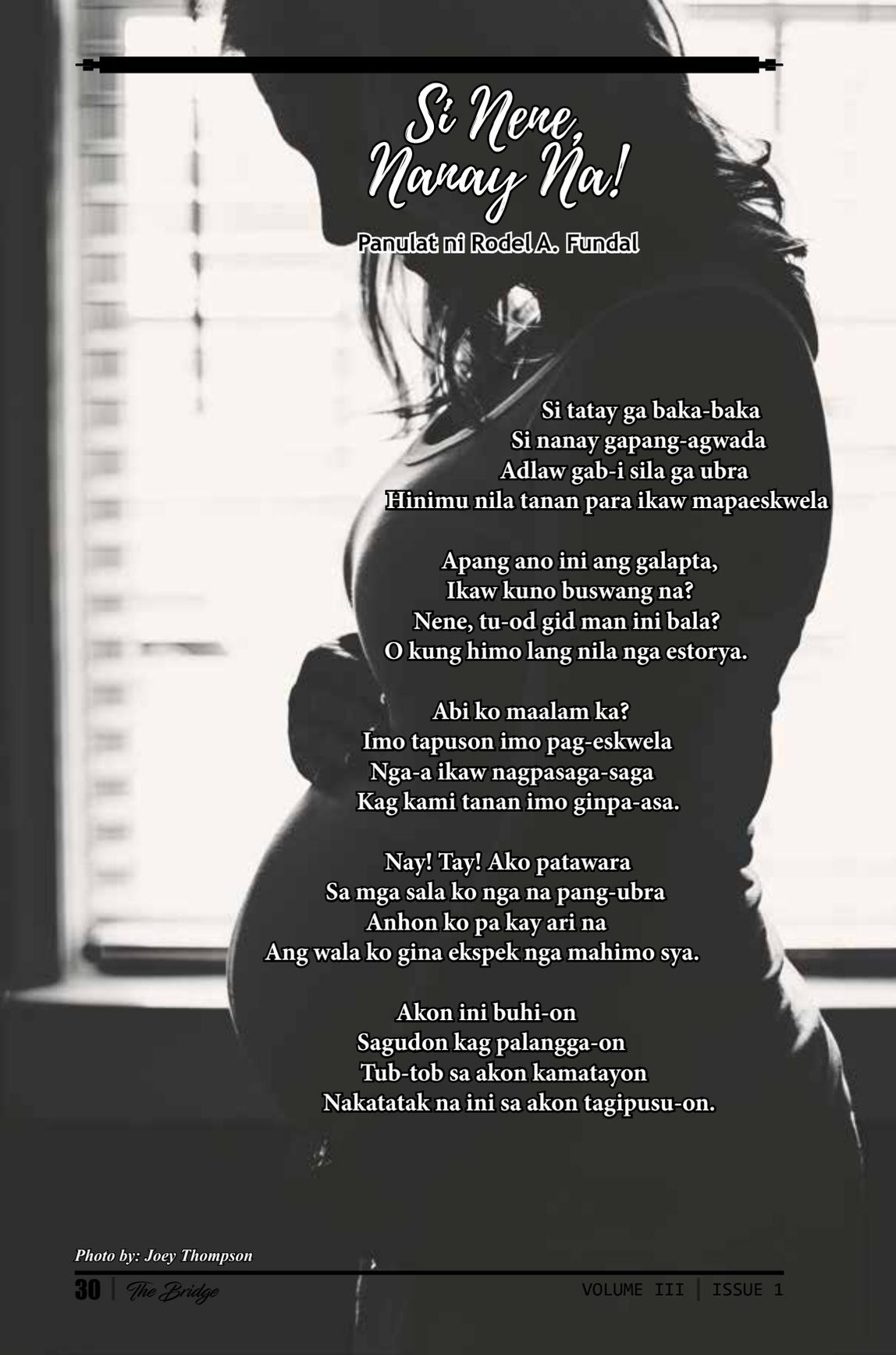
Mga tinaga nga makagagahum,
Makahililo nimo nga mga yuhom.
Tani indi ka na magbuya sa akon,
Kay ikaw lang akon palipayon.

Ikaw akon ginpangabudlayan,
Gin-antos ang tanan nga kasakitan.
Naghulat pila-pila ka bulan
Yes! Sa wakas ikaw naging akon gid man.

Sa aton nga pagpanglakaton
May mga tawo pilit gub-on aton relasyon
Tani stay strong ka lang sa akon
Kay aton relasyon akon gid pabakudon.

May mga kasakit nga naatubang
Kag may kalipay, asta subong indi ko gid mapahamtang.
Akon gid gina kadumduman
Ang tinaga nga “The role of a woman is to truly love a man”.

Photo by: Morgan Sessions



Si Nene, Nanay Na!

Panulat ni Rodel A. Fundal

Si tatay ga baka-baka
Si nanay gapang-agwada
Adlaw gab-i sila ga ubra
Hinimu nila tanan para ikaw mapaeskwela

Apang ano ini ang galapta,
Ikaw kuno buswang na?
Nene, tu-od gid man ini bala?
O kung himo lang nila nga estorya.

Abi ko maalam ka?
Imo tapuson imo pag-eskwela
Nga-a ikaw nagpasaga-saga
Kag kami tanan imo ginpa-asa.

Nay! Tay! Ako patawara
Sa mga sala ko nga na pang-ubra
Anhon ko pa kay ari na
Ang wala ko gina ekspek nga mahimo sya.

Akon ini buhi-on
Sagudon kag palangga-on
Tub-tob sa akon kamatayon
Nakatatak na ini sa akon tagipusu-on.

What YOUR Handwriting Says About You?

By Archie D. Dulla

GRAPHOLOGY

Graphology is the study of handwriting, especially when employed as a means of analyzing a writer's character, personality, abilities, etc. How can you write can indicate more than 5,000 different personality traits. In the medical field, it can be used to refer to the study of handwriting as an aid in diagnosis and tracking of diseases.

SIZE OF LETTERS AND WORDS

Large Letters

Small Letters

- ◀ You want to feel understood and noticed. You're people oriented.
- ◀ You have strong focus and concentration. You're introverted.

SLANT

You are heart-centered, friendly, sentimental, and impulsive. You highly value friends and family. ▶

You are ruled by logic, not emotion. You're very solid and pragmatic. ▶

You prefer to work with things over people. You are introspective and reserved. You're more "me-oriented." ▶

Right
No Slant
Left

PRESSURE

Heavy Pressure

Light Pressure

- ◀ You have strong emotions and feel things very intensely. You can be quick to react.
- ◀ You move easily from place to place and don't wear yourself out emotionally.

UPPER ZONE

Looped l
Retraced l
Looped t
Retraced t

- ◀ You have big hopes and dreams for the future.
- ◀ You may have had your hopes and dreams squelched.
- ◀ You are sensitive to criticism and might be paranoid.
- ◀ You are a good worker, disciplined, and self-controlled.

LOWER ZONE

You are selective in who you call a good friend. ▶

You have a large circle of friends. ▶

You love to travel. ▶

You're a homeboy. ▶

Slender y
Broad y
Long y
Short y

CONNECTIONS OF LETTERS

Connected

- ◀ You are logical, methodical, and make decisions carefully.

Not Connected

- ◀ You are intelligent and intuitive.

DOTTED I'S

You are childlike and playful. You're also artistic and like to stand out. ▶

You don't like clutter and pay great attention to detail. ▶

i
i

CROSSED T'S

T
t

- ◀ You have high goals and self-esteem.
- ◀ You aim low and have strong insecurities.

LINE SPACING

You have poor time management. ▶

You are aware of boundaries. ▶

Little spacing
Even spacing

Source: Kathi McKnight, www.handwritingexpert.com

Crack Your Mind Challenge

Get ready. You'll really have to fire up your brain to solve the teaser below. Each puzzle represents a familiar word or phrase. The key that unlocks the answers is found in the arrangement and design of the letters, words or numbers. For example, take this puzzle: MATH THE. What do you see? THE after MATH. And there's your answer: "the aftermath." Or how about CHAWHORGE? Look carefully and you'll see the word WHO in the middle of the word CHARGE. So the answer is "who's in charge." Now let's find out if you're clever enough to get a few on your own...

1. <i>paid</i> i'm <i>worked</i>	2. cmopnya
	3. <i>podpodpod</i>
4. GolfFootballCar	6. 5:00
5. <i>the</i> <i>momanon</i>	7. <i>busines</i>
8. YOUR SHIRT IS NO	
9. 222 day	10. <i>look you leap</i>

Answers: 1. I'm underpaid and overworked; 2. Mixed company; 3. Tripod; 4. Sports car; 5. The man in the moon; 6. Five-o'clock shadow; 7. Unfinished business; 8. Your shirt is on backward; 9. Tuesday; 10. Look before you leap.

FROM "FANTASTIC WORD PUZZLES," © 1981 BY MICHAEL B. MAGER. (SCHOLASTIC INC., NEW YORK)

Lord, Please Give Me A Sign...!!

By Rodel A. Fundal



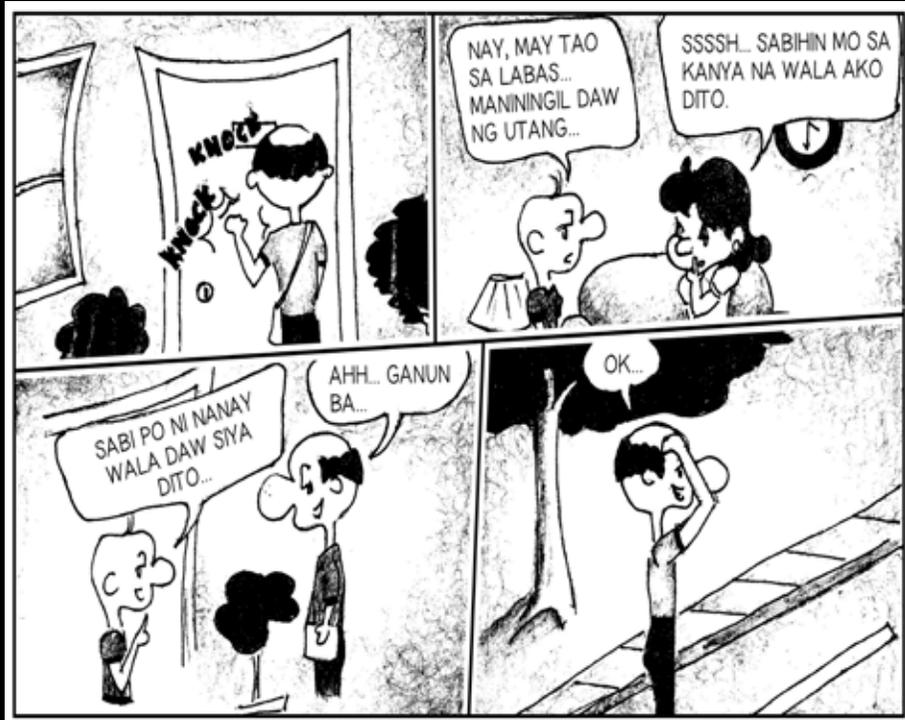
Maling Akala

By Rodel A. Fundal



Inosente

By Mark D. Loreno



Vision

ISAT U as a leading science and technology university in Southeast Asia by 2030.

Mission

The University is committed to provide quality and relevant advanced education, higher technological, professional instruction and training in arts, sciences, education, architecture, engineering, agriculture, forestry, and other fields of study, thereby producing locally oriented, globally competitive and eco-friendly human resources. It shall promote research and development programs to advance science and technology and undertake sustainable extension and production activities.

Core Values

- I - Integrity
- C - Commitment
- A - Accountable
- R - Responsiveness
- E - Excellence

Institutional Goals

1. To provide a nurturing environment where academic freedom is guaranteed and respected for the optimum development of human potential.
2. To produce highly competent and eco-friendly graduates, who will become leaders and experts in their fields of specialization.
3. To conduct research towards the advancement of science and technology.
4. To provide extension and production activities for the improvement of the quality of life in the community.
5. To provide effective and efficient delivery of services through responsive management of human, physical, financial, and information resources.

Institutional Outcomes

1. ISAT U graduates will demonstrate:
 - a. love of God and Nation;
 - b. expertise in their field of specialization;
 - c. leadership in the practice of their profession;
 - d. social responsiveness, gender sensitivity and respect towards people and environment;
 - e. awareness of and concern to domestic and global issues;
 - f. ability to communicate effectively and think critically and creatively.
2. ISAT U graduates will work:
 - a. with integrity and commitment in their respective fields of endeavors;
 - b. harmoniously in a multi-disciplinary and multi-cultural environment.
3. ISAT U graduates will engage in:
 - a. life-long learning by keeping abreast with the latest development in the society;
 - b. the development and transfer of technology.

ILOILO SCIENCE AND TECHNOLOGY UNIVERSITY DUMANGAS CAMPUS

Level 1 Accredited in all programs by Accrediting Agency for Chartered Colleges and Universities of the Philippines (AACUP) and ISO Certified.

Curricular Offerings

- ◆ BACHELOR OF SCIENCE IN HOTEL AND RESTAURANT TECHNOLOGY (BSHRT)
- ◆ BACHELOR OF SCIENCE IN INFORMATION TECHNOLOGY (BSIT)
- ◆ BACHELOR OF INDUSTRIAL TECHNOLOGY (BIT)
major in:
 - Architectural Drafting Technology (ADT)
 - Automotive Technology (AT)
 - Electrical Technology (ELT)
 - Electronics Technology (ELX)
- ◆ GRADE 11 STUDENTS WITH CONCENTRATION IN:
 - Home Economics
 - Cookery • Food & Beverages Services • Housekeeping
 - Computer Hardware Servicing
 - Consumer Electronics Servicing
 - Automotive Servicing



OFFICE ADDRESS

ILOILO SCIENCE AND TECHNOLOGY UNIVERSITY
DUMANGAS CAMPUS

P.D. Monfort South, Dumangas, Iloilo
Tel. No. 3612-667 • 3612-143